

PE-1160: GOLF FOR PLAYERS

Cuyahoga Community College

Viewing: PE-1160 : Golf for Players

Board of Trustees:

October 2022

Academic Term:

Fall 2023

Subject Code

PE - Physical Education

Course Number:

1160

Title:

Golf for Players

Catalog Description:

Advanced class in golf emphasizing playing the game of golf and improving skills. Most of class time scheduled off campus. Additional fees required.

Credit Hour(s):

1

Lecture Hour(s):

0

Lab Hour(s):

2

Other Hour(s):

0

Requisites

Prerequisite and Corequisite

PE-1150 Golf for Beginners, or departmental approval: comparable skill.

Outcomes

Course Outcome(s):

Apply basic and advanced skills learned to actual rounds of golf.

Objective(s):

1. Perform skills learned on the driving range in actual rounds of golf.
2. Demonstrate knowledge of advanced golf terminology.
3. Explain the benefits of advanced techniques of golf.
4. Utilize proper safety procedures while practicing or playing golf.
5. Utilize proper etiquette while on a driving range.
6. Utilize proper golf course etiquette.
7. Utilize a correct golf swing.
8. Utilize the basic strategies inherent in the game of golf.
9. Demonstrate knowledge of handicap systems, methods of play under a variety of conditions, and rules related to league and tournament play.

Methods of Evaluation:

- a. Attendance
- b. Participation

- c. Skill development
- d. Written evaluation

Course Content Outline:

- a. History, philosophy, and aesthetic values of golf as a lifetime activity
- b. Improvement of the golf swing with an attempt at eliminating faults
- c. Drills and practice with an attempt to develop a higher degree of skill in shotmaking
- d. Practice in the various phases of the game including
 - i. Use of woods
 - ii. Iron play
 - iii. Pitching and chipping
 - iv. Putting
 - v. Trouble shots
- e. A study of playing rules and a review of the rules of etiquette
- f. A study of handicapping, several methods of tournament and league play, and use of equipment
- g. Practice on a golf range
- h. One or more rounds of golf

Resources

Nardozzi, Paul. *Better *%!#ing Golf: How I went from Hacker to Club Champ without changing my swing or expensive lessons*. Independently Published, 2020. August 28.

Barnord, Craig. *Golf Tips - How To Improve Your Golf*. Independently Published, 2020. November 5.

Newell, Steve. *The Complete Golf Manual*. Updated. DK Publishing, 2019. November 5.

O'Hern, Nick. *How to Play Your Best Golf: Strategies From a Tour Pro*. Hardie Grant Publishing, 2022. June 21.

Berman, Jake Dr. PT DPT. *The Berman Method of Golf Performance: Proven to Help You Outdrive Your Buddies, Hit Shorter Irons into the Greens, and Stay Competitive Well Past Your 60s*. Independently Published, 2021. December 2.

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